

ASSUMPTION OF THE VIRGIN MARY UKRAINIAN ORTHODOX CHURCH
ECUMENICAL PATRIARCHATE OF CONSTANTINOPLE AND NEW ROME



1301 Newport Avenue, Northampton, Pennsylvania 18067

Rev. Fr. Oleg Kravchenko, Rector

Protodeacon Mikhail Sawarynski, Attached

Websites: holyassumption.org and ukrainianorthodoxchurchusa.org

Facebook: Assumption of the Virgin Mary Ukrainian Orthodox

Church YouTube: AVM UOC

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Confessions: Vespers on the first Saturday of the month, Sundays before Liturgies, or by appointment.

Make a list of living and deceased and bring it to the Altar. We'll pray for them during a Liturgy.

For pastoral visits at home or hospital or special prayer requests ask Fr. Oleg.

Please, don't throw away the bulletin. Bring it back to the church. Thank you.

You are welcome to contribute articles or pictures to the bulletin. Let's make

bulletins together! - **Follow us on Facebook:**

<https://www.facebook.com/avmuocoftheusa>

Слава Ісусу Христу! Навіки Слава! Glory to Jesus Christ! Glory Forever!

Let's pray for peace in Ukraine

Молімось за мир в Україні

Sun. 10 Mar. (26 Feb.) ***SUNDAY of the LAST JUDGMENT. (MEATFARE) Tone 7. PORPHYRIUS Bishop of Gaza (420) Martyr SEBASTIAN (66) Martyr JOHN CALPHAS.***

Epistle: 1 Corinthians 8:8-9:2 Gospel: Mathew 25: 31-46

Liturgical Meneion & Scripture Readings (Cheesefare Week)

Mon. 11 Mar.	<i>St. Titus the Soldier, monk of the Kyiv Caves (14th c.).</i>
3 Jn. 1:1-15	<i>Lk. 19:29-40; 22:7-39</i>
Tue. 12 Mar.	<i>Hieromartyr Proterius, patriarch of Alexandria, and six companions (457).</i>
Jud. 1:1-10	<i>Lk. 22:39-42, 45-23:1</i>
6:30 PM	MOLEBEN FOR UKRAINE (St. John the Baptist, Northampton)
Wed. 13 Mar.	<i>Venerable Cassian the Roman, abbot (435).</i>
	<i>Joel. 2:12-26</i> <i>Joel. 3:12-21</i>
6:30 PM	Parish Board Meeting
Thu. 14 Mar.	<i>Martyr Eudocia of Heliopolis (152). Virgin Domnina of Syria (450-460).</i>
Jude 1:11-25	<i>Lk. 23:1-34, 44-56</i>
5:00 PM	AKATHIST to the Mother of God for the healing of the sick.
Fri. 15 Mar.	<i>440 Martyrs slain by the Lombards (579).</i>
	<i>Zech. 8:7-17</i> <i>Zech. 8:19-23</i>
Sat. 16 Mar.	<i>All of the venerable fathers, lit up with great deeds.</i>
Rom. 14:19-26	<i>Mt. 6:1-13</i>
5:00 PM	GREAT VESPERS. Examination of Conscience. Confessions.
Sun. 17 Mar.	9:00 AM DIVINE LITURGY.
5:00 PM	VESPERS OF FORGIVENESS. The Great Lent begins

PROPERs FOR THE LITURGY OF ST. JOHN CHRYSOSTOM

Tropar of the Resurrection, Tone 7: By Your Cross, You destroyed Death/ To the Thief, You opened Paradise/ For the Myrrh-bearers, You changed weeping into joy,/ Christ God, You commanded Your disciples to proclaim that You are risen/ granting the world great mercy.

Tropar of the Dormition, Tone 1: In giving birth, you preserved your virginity/ In falling asleep, you did not forsake the world, Birth-Giver of God/ You were translated to Life, Mother of Life/ and through your prayers you deliver our souls from death.

Glory...Kondak of the Triodion, Tone 1: When You, O God, shall come to earth with glory/ all things shall tremble/ and the river of fire shall flow before Your judgment seat/ the books shall be opened and the hidden things disclosed/ Then deliver me from the unquenchable fire/ and make me worthy to stand at Your Right Hand, Most Righteous Judge.

Now and ever...Kondak of the Dormition, Tone 2: Neither the tomb nor death had power over the Birth-Giver of God/ she is ever watchful in her prayers and in her intercession lies unfailing hope/ for as the Mother of Life/ she has been translated to Life by the One/ Who dwelt within her ever virginal womb.

Prokimen of the Triodion, Tone 3: Great is our Lord and great is His power. His understanding is beyond measure.

Verse: Praise the Lord, for a psalm is good; let praise be sweet unto our God.

Epistle: 1st Corinthians 8:8-9:2

Alleluia Verses, Tone 8: Come let us rejoice in the Lord. Let us shout with joy to God our Savior.

Let us come before His Countenance with thanksgiving; and with psalms let us shout with joy to Him.

Gospel: Matthew 25:31-46 \

Communion Hymn: Praise Lord from the heavens. Praise Him in the Highest. Rejoice in the Lord, you Righteous, praise befits the upright. **Alleluia (3X)**

-We've got a donation of the vestments and church supplies of the departed priest Edward N. Levandusky. Thank you, Schisler Funeral Home, for the fulfillment of the will of Fr. Edward, may his Memory be Eternal.

-Sisterhood meeting – Sunday, March 17 after the coffee hour.

-Triumph of Orthodoxy. Pan-Orthodox Vespers – Saturday, March 23, 5 PM at St. Paul Antiochian Church (156 E. Main Street, Emmaus, PA). Homilist – V. Rev. Andrew S. Damick. Great Vespers that day is canceled in our church.

-UOL meeting – Sunday, March 24 after the coffee hour.

-Kowalonek's kielbasy sampler for Paschal basket. \$20 each. Take a flyer downstairs.

-Lenten Retreat. Focus on Confession. Speakers: Metropolitan Antony and Fr. Antony Perkins. April 6. Details and prices are on the whiteboard downstairs. Please let Fr. Oleg know if you want to come. **We will organize transportation. Great Vespers that day is cancelled.**

-ATTENTION! Should there be any inclement winter weather please check the Parish Website - holyassumption.org - for any cancellations or postponements of services or events. Cancellations will also be posted on Channel 69 - WFMZ-TV and their website. We will do our best with snow and ice removal on the church property. However please use good judgment and caution when icy weather is forecast; your safety is important to us all!

- Pyrohy schedule: March 21. First come, first served (until we reach 300 doz.). Please volunteer for peeling, running, cooking/mashing, pinching and clean-up.

- Church School is every Sunday: Mrs. Mary Ost (Preschool/ Elementary) 8:55-9:20 AM. Mrs. Karen Osmun (Secondary) at 8:45-9:15 AM. Once a month with Fr. Oleg after Liturgy.

- For Food Bank: baby foods, canned potatoes, and meats, tuna, pasta, sauces, mac. & cheese.

- Virtual Bible Study Day - every Wednesday via Zoom: No1 Pan-Orthodox at 12 PM. Meeting ID: 576 301 6482. Passcode: 238492. No2 with a professor of Saint Sophia Seminary, Fr. Demetrios at 7 PM. Ask Fr. Oleg for the link.

BIRTHDAYS:

10 Mar...Keith Rippey

12 Mar...Victor Harnaho

13 Mar...Julie Mauser

МНОГАЯ ЛІТА! MANY YEARS!

NECROLOGY: Ukrainian civilians and soldiers, killed in the Russian invasion.

Priest Edward N. Levandusky

10 Mar...Michael Andrushkiw '31, John Zyrebecky '76, Mary Praetorius '05

11 Mar...Anna Metchoe '97, Anna Turick '09

14 Mar...Michael Czepeliak '26, Anna Tokarzuk '88

16 Mar...Mary Gill '48, Anna Onuschak '66

ВІЧНА ПАМ'ЯТЬ! MEMORY ETERNAL!

PRAYER FOR THE HEALTH & SALVATION OF THE AFFLICTED: Ukrainian soldiers and civilians, wounded during the Russian aggression, His Eminence Metropolitan Antony, Vladimir Krasnopera, Barbara Grason, Linda Tilson Hnatow, Michael Tilson, Paul Kochenash, Helen Crayosky, Rosemarie Pypiuk, priest Demetrius Nicoloudakis, priest Vasyl Dovgan, Karen Kankula, Edward Bachert, Jon Hewko, Matthew Vitushinsky, Nadine Savitz, William Savitz, Nicholas Alexander, Tom Petro Jr., William Leszczuk, Mary Berger, Jessica Meashock, James Osmun, Maria Joseph, Zachary Y. Siyufy, Ruslana Reznik, Lubov Slonova, Raisa Melnychuk, Vasyl Beizyn, Lubov Shevchuk, Volodymyr Hranat, Ihor Broda, Debi Hutnick, Eric Hewko, Phil O'Brien, child Charlie, Juliana, Shirl Merolli, Kirk Swauger, Stephanie Donnelly, Danny Berro, child Alexandria, Elizabeth Pastushenko, Philippe Chasseuil, Aaliyah Osmun, Brendan Phillips, Adam Hewko, Andrew Thaxton, Susan Ferretti, Judy Albright, Daniel Kochenash, Christopher Mack, Joann Hoodmaker, Norman Betrous, Robert Zarayko.

"I screamed at God for the starving child, until I saw the starving child was God screaming at me!" (Author unknown)



ORTHODOXY IN THE WORLD Please support the OCMC mission to Guatemala with financial help during the Great Lent. The Seminary & Mission Center has been built and 137 parishes are awaiting trained priests and catechists to teach the Faith. The canister is located on the wall in the vestibule.

Metropolitan Epiphaniy led a prayer service on the 2nd anniversary of the Russian invasion for Ukrainian victims of the war in Ss. Anthony & Thodosiy Cathedral in the Monastery of the Pecherska Lavra in Kyiv.



Metropolitan Savva of Warsaw announced that the 100th anniversary celebrations of the autocephaly of the Polish Orthodox Church will take place in August.

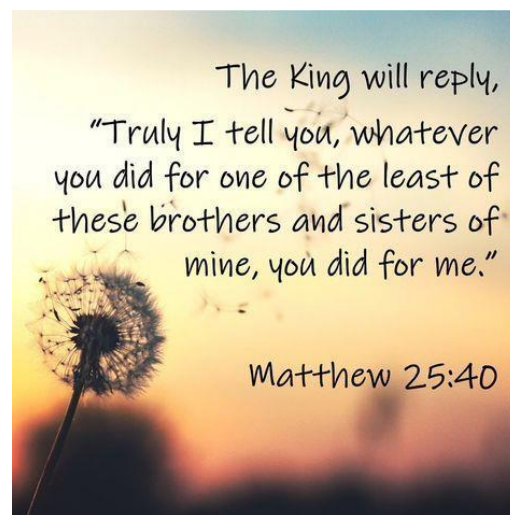


100,000 venerated the Sash of the Mother of God in Limassol, Cyprus brought from Mt. Athos and numerous healings were reported.

The 11th C. Orthodox Monastery, Nea Moni, completed during the reign of Empress Theodora on the island of Chios, Greece, a UNESCO World Heritage site is undergoing extensive restoration.



Primate of the Macedonian Orthodox Church, Archbishop Stephen of Ohrid, celebrated St. Cyril, Enlightener of the Slavs (Feb. 27) at his tomb in Rome.





THE GREAT LENT

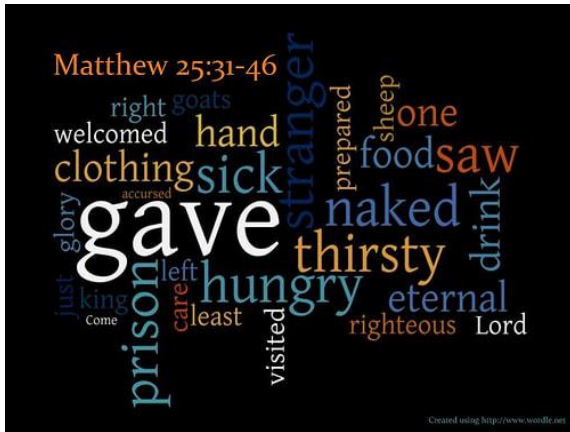
A LIFE OF PARADISE ON EARTH

RESTORING A LIFE OF BIBLE READING, PRAYERS, AND MEDITATION

<p>Sanctify your Body, Mind, and Soul through Ascetic Practices</p>		<p>Remember that through Holy Baptism you are born of Water and Spirit</p>
<p>Continue on the Path to Eternal Life</p>		<p>Be born again through the Renewal of the Mind</p>
<p>Commit ourselves to a righteous life</p>		<p>Through the Sacraments of Holy Confession and Holy Communion, partake in the Body and Blood of Jesus Christ</p>
<p>Stand firmly against Satan</p>		<p>Repent and Seek Forgiveness</p>

◆DURING GREAT LENT◆

- ◆ Follow the Rules of Abstinence and Lenten Practices prescribed by the Church
- ◆ Read the Scriptures Daily and Pray Unceasingly
- ◆ Fast
- ◆ Participate in Church Services Regularly
- ◆ Give food to those who hunger, and drink to those who thirst
- ◆ Set aside a portion of your wealth for the Needy
- ◆ Be Enthusiastic in Good Works
- ◆ Do not be Wasteful and Avoid Arrogance
- ◆ Forgive Everyone and let go of all Grudges
- ◆ Love your Neighbor as yourself



OUR JOURNEY TO PASCHA! 2024

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 25th	 Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14	TRIODION WEEKS Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.
Normal Fast Week MARCH 3rd	 The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20 Gospel: Luke 15:11-32	Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.
Meatfare MARCH 10th FAREWELL TO MEAT TODAY	 The Last Judgement Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Cheesefare MARCH 17th FAREWELL TO CHEESE TODAY	 Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 24th	 SUNDAY of ORTHODOXY Epistle: Hebrews 11:24-26, 32-12:2 Gospel: John 1:43-51	GREAT LENT BEGINS WITH FORGIVENESS VESPERS Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 31st	 ST GREGORY PALAMAS Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent APRIL 7th	 VENERATION OF THE HOLY CROSS HALF WAY TO PASCHA! Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
4th Sunday of Lent APRIL 14th	 ST JOHN of the LADDER Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 21st	 ST MARY of EGYPT Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
FLOWERY (PALM) SUNDAY! APRIL 28th GREAT WEEK BEGINS	 ENTRY OF OUR LORD INTO JERUSALEM Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY MAY 3rd	 GREAT AND HOLY FRIDAY JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
FEAST OF FEASTS! MAY 5th NO FASTING!	 HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1:1-17	BRIGHT WEEK Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

Additions in Ukrainian

Недільне Євангеліє: Луки 15:11-32 31 Коли ж прийде Син Людський у славі Своїй і всі святі ангели з Ним, тоді сяде на престолі слави Своєї, 32 і зберуться перед Ним усі народи; і відділить їх одних від одних, як пастир відділяє овець від козлів. 33 І поставить овець праворуч Себе, а козлів — ліворуч. 34 Тоді скаже Цар тим, які праворуч від Нього: прийдіть, благословенні Отця Мого, успадкуйте Царство, уготоване вам від створення світу. 35 Бо голодував Я, і ви дали Мені їсти; спраглим

був, і ви напоїли Мене; був подорожнім, і ви прийняли Мене; 36 був нагим, і ви зодягли Мене; був недужим, і ви відвідали Мене; у в'язниці був, і ви прийшли до Мене. 37 Тоді скажуть Йому праведники у відповідь: Господи! 38 Коли ми бачили Тебе голодним, і нагодували? Або спраглим, і напоїли? Коли ми бачили Тебе подорожнім, і прийняли? Або нагим, і зодягли? 39 Коли ми бачили Тебе недужим або у в'язниці, і прийшли до Тебе? 40 І Цар скаже їм у відповідь: істинно кажу вам: зробивши це одному з цих братів Моїх менших, Мені зробили. 41 Тоді скаже й тим, які ліворуч від Нього: ідіть від Мене, прокляті, у вогонь вічний, уготований дияволу і ангелам його. 42 Бо голодував Я, і ви не дали Мені їсти; спраглим був, і ви не напоїли Мене; 43 був подорожнім, і не прийняли Мене; був нагим, і не зодягли Мене; недужим і у в'язниці, і не відвідали Мене. 44 Тоді й вони скажуть Йому у відповідь: Господи! Коли ж ми бачили Тебе голодним, або спраглим, чи подорожнім, або нагим, або недужим, або у в'язниці і не послужили Тобі? 45 Тоді скаже їм у відповідь: істинно кажу вам: не зробивши цього одному з менших цих, Мені не зробили. 46 І підуть ці на вічні муки, а праведники в життя вічне.