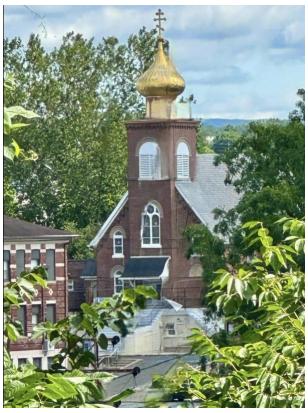
ASSUMPTION OF THE VIRGIN MARY UKRAINIAN ORTHODOX CHURCH

ECUMENICAL PATRIARCHATE OF CONSTANTINOPLE AND NEW ROME



1301 Newport Avenue, Northampton, Pennsylvania 18067

Rev. Fr. Oleg Kravchenko, Rector

Protodeacon Mikhail Sawarynski, Attached

Websites: holyassumption.org and ukrainianorthodoxchurchusa.org Facebook: Assumption of the Virgin Mary Ukrainian Orthodox Church

YouTube: AVM UOC

Church Contacts:

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Webmaster, John Hnatow - john.hnatow@gmail.com

Confessions: Vespers on the first Saturday of the month, Sundays before Liturgies, or by appointment.

Make a list of living and deceased and bring it to the Altar. We'll pray for them during a Liturgy.

For pastoral visits at home or hospital or special prayer requests ask Fr. Oleg.

A directory of parishioners' names and addresses is available for those who would like to send cards or good wishes

Please recycle the bulletin or bring it back to the church. Thank you.

You are welcome to contribute articles or pictures to the bulletin. Let's make bulletins together! - Follow us on Facebook: https://www.facebook.com/avmuocoftheusa

Слава Ісусу Христу! Навіки Слава! Молімось за мир в Україні. Glory to Jesus Christ! Glory Forever! Let us pray for peace in Ukraine

Sun. 09 Feb. SUNDAY of the PUBLICAN and PHARISEE. BEGINNING of the LENTEN TRIODION. LEAVETAKING of the MEETING of the LORD in the TEMPLE. Tone 8. Martyr Nikephoros of Antioch (257) Virgin Martyr APOLLONIA (3rd C.) Hieromartyrs MARCELLUS Bishop of Sicily, PHILAGRIUS, Bishop of Cyprus, PANCRATIUS, Bishop of Taomina, Disciples of Apostle Peter (1st C) Ven. PANCRATIY Hieromonk of the Kyiv Caves (13th C.)

2 Timothy 3:10-15

Luke 18:10-14

Welcome all for the Coffee Hour – Запрошуємо на каву.

During the coffee hour: "Journey to Fullness" – 20-minute episodes about Orthodox Faith.

THE BULLETIN IS SPONSORED BY JANET AND BETTYANN WOYEWODA IN MEMORY OF THEIR FATHER, JOHN WOYEWODA AND GRANDMOTHER ANNA HEWKO.

MENEION & SCRIPTURES (THIS IS A FAST FREE WEEK)

Mon. 10 Feb. Martyrs Ennatha, Valentina, and Paula of Palestine (308). St. Anna (1050).

2 Pet. 1:20-2:9 Mk. 13:9-13

Tue. 11 Feb. St. Theodora, wife of Emperor Theophilus the Iconoclast (867).

2 Pet. 2:9-22 Mk. 13:14-23

06:30 PM MOLEBEN FOR PEACE IN UKRAINE (OUR CHURCH).

Wed. 12 Feb. Ven. Mary, nun (who was called Marinus), and her father, St. Eugene (6th c.).

2 Pet. 3:1-18 Mk. 13:24-31

Thu. 13 Feb. St. Martinian (422). Venn. Zoe of Bethlehem and Virgin Photina (5th c.).

1 Jn. 1:8–2:6 Mk. 13:31–14:2

05:00 PM Akathist to the Mother of God for health of the ill afflicted

Fri. 14 Feb. St. Auxentius, monk of Bithynia (470). St. Maron, hermit of Syria (423).

1 Jn. 2:7-17 Mk. 14:3-9

Sat. 15 Feb. Ven. Paphnutius, monk, and his daughter St. Euphrosyne, nun, of Alexandria.

2 Tim. 3:1-9 Lk. 20:45–21:4

FEAST DAY AT THE SEMINARY CHAPEL (BOUND BROOK). GREAT VESPERS CANCELLED.

Sun. 16 Feb. 09:00 AM DIVINE LITURGY.

PROPERS FOR THE LITURGY OF ST. JOHN CHRYSOSTOM

Tropar of the Resurrection, Tone 8: You descended from on high Merciful One/ You accepted the three-day burial to deliver us from our passions/ Lord, our Life and Resurrection: Glory to You.

Tropar of the Meeting, Tone 1: Rejoice, O Virgin Birth-Giver of God, Full of Grace/ From you shone the Sun of Righteousness, Christ our God/ enlightening those who sat in darkness/ Rejoice and be glad, O righteous Elder/ you accepted in your arms the Redeemer of our souls/ Who grants us the Resurrection.

Glory... Kondak of the Lenten Triodion, Tone 4: Let us flee from the pride of the Pharisee/ Let us learn humility from the Publican's tears/ Let us cry to our Savior/ "Have mercy on us,/ Only merciful One!"

Now and ever... Kondak of the Meeting, Tone 1: By Your Nativity You sanctified the Virgin's womb/ and blessed Simeon's hands, O Christ God/ Now You have come and saved us through love/ Grant peace to all Orthodox Christians/ O only Lover of mankind.

Prokimen of the Resurrection, Tone 8: Pray and make your vows before the Lord, our God.

Verse: In Judah God is known; His Name is great in Israel.

Prokimen (Song of the Virgin Mary), Tone 3: My soul magnifies the Lord and my spirit rejoices in God my Savior.

Epistles: 2 Timothy 3:10-15

Alleluia Verses, Tone 8: Come let us rejoice in the Lord! Let us make a joyful noise to God our Savior.

Let us come before His Face with thanksgiving; let us make a joyful noise to Him with songs of praise!

Lord, now let Your servant depart in peace, according to Your word, for my eyes have seen Your salvation.

Gospels: Luke 18:10-14

Instead of "It is right in truth..." we sing in Tone3: O Virgin Birth-Giver of God, hope of all



Christians/ protect, preserve and save those who hope in you. In the shadow and letter of the Law/ let us the faithful discern a figure/ every male child that opens the womb is holy to God/ Therefore we magnify the firstborn Word of the Father Who has no beginning/ the Son firstborn of a Mother who had not known man.

Communion Hymn: Praise the Lord from the heavens. Praise Him in the Highest. I will receive the cup of salvation and call on the Name of the Lord. Alleluia (3X)

- Lunch and fellowship will be held at the historical Oscar Stine House (231 Bridge Street, Catasauqua) on March 2, the day before Great Lent, from 12:00 to 5:00 PM. See the flyer. Thanks to Leo Anicola for hosting.
- A pysanky workshop will be held on March 22, 2025. See flyer below and on website.
- **Pyrohy schedule: Feb. 20.** Mar. 6, 20. First come, first served(until we reach 250 doz.). Please volunteer for peeling, running, cooking/mashing, pinching and clean-up.
- If you are a living veteran or a surviving spouse of a veteran who served in the US Armed forces, regardless of location, during the period of Nov 1, 1955 to May 15, 1975 you are eligible to receive a

Vietnam Era lapel pin and commemorative certificate. On the approaching 50th anniversary of the end of the Vietnam War, Post 42 of the Ukrainian American Veterans, in cooperation with the Department of Defense, will be presenting commemorative pins at a ceremony in late March 2025. Please call Jerry Kindrachuk at 610-730-3265, or send your name, address, telephone, branch and term of service to uavpost42@gmail.com. Please send the information by February 15, 2025 so that we can adequately plan the event.

- Church School. Mrs. Mary Ost (Preschool/ Elementary) 8:55-9:20 AM. Ms. Karen Kankula (Secondary) at 8:45-9:15 AM. Fr. Oleg occasionally. **Welcome all children and youth.**
- For Food Bank: baby foods, canned potatoes, and meats, tuna, pasta, sauces, mac. & cheese.
- **Virtual Bible Study Day** Wednesdays via Zoom: Pan-Orthodox at 12 PM. Meeting ID: 576 301 6482. Passcode: 238492. <u>Tuesdays:</u> with Fr. Demetrios at 7 PM. Ask Fr. Oleg for the link.

ANNIVERSARIES: 14 Feb...William & Judy Ketterer

BIRTHDAYS:

09 Feb...John Thomas Hnatow

10 Feb...John Vitushinsky

11 Feb...Patrick Phillips, Cheryl Sawarynski

14 Feb...Sabrina Ost

MHOГАЯ ЛІТА! MANY YEARS!

NECROLOGY:

Ukrainian civilians and soldiers, killed in the Russian invasion.

09 Feb...Wasyl Kotoris '39, Mary Isczuk '07

10 Feb...Stephania Hnatow '11

11 Feb...John Antoniuk '69

12 Feb...Cyprian Vitushynski '60, Bishop Alexander (Novytsky) '70

13 Feb...Paul Magerka '52, Dmytro Isczuk '92

14 Feb...John Czerkas '74, Tekla Kochenash '11, Myroslav Molofiy '04

15 Feb...Peter Gontar '47, Michael Martnick '86, Stella Vitushinsky '08

ВІЧНА ПАМ'ЯТЬ! MEMORY ETERNAL!

PRAYER FOR THE HEALTH & SALVATION OF THE AFFLICTED: Ukrainian soldiers and civilians, wounded during the Russian aggression, Joseph Killino, Barbara Grason, Helen Crayosky, Rosemarie Pypiuk, Sandra Miller, Tom Petro Jr., priest Demetrius Nicoloudakis, priest Vasyl Dovgan, Martha Dowling, Michael Szymonifka Karen Kankula, Russel Kerick, Christina Truss, Jon Hewko, Matthew Vitushinsky, Nadine Savitz, William Savitz, Nicholas Alexander, William Leszczuk, Mary Berger, Jessica Meashock, Maria Joseph, Zachary Y. Siyufy, Raisa Melnychuk, Vasyl Beizyn, Lubov Shevchuk, Volodymyr Hranat, Ihor Broda, Steve Lelo, Gary Lelo, Debi Hutnick, Eric Hewko, Phil O'Brien, child Charlie, Juliana, Shirl Merolli, Kirk Swauger, Stephanie Donnelly, Danny Berro, child Alexandria, Elizabeth Pastushenko, Aaliyah Osmun, Brendan Phillips, Adam Hewko, Andrew Thaxton, Susan Ferretti, Judy Albright, Daniel Kochenash, Christopher Mack, Joann Hoodmaker, Norman Betrous, Robert Zarayko, Lisa Kulhanek, Esther Wilt, Ron Moser, Benjamin Tomeo, Olena Kalichenko.

The four preparatory Sundays before Great Lent serve as a spiritual training period to help Orthodox Christians transition into the strict fasting, repentance, and prayer of Great Lent. Each Sunday has a specific lesson that prepares the soul for the journey toward Pascha.

Why Are These Weeks Important? They prepare the heart and mind. Jumping straight into the strict fasting and discipline of Great Lent can be overwhelming. These weeks gradually introduce the themes of repentance, humility, and forgiveness so believers can prepare themselves mentally and spiritually. They teach important spiritual lessons. Each Sunday focuses on a specific virtue (humility, repentance, charity, forgiveness) to help guide Orthodox Christians in their Lenten journey.

These themes remind the faithful of what true repentance looks like and what kind of attitude they should have toward God and others.

They introduce fasting in stages. We do not stop eating everything suddenly. Instead, fasting is introduced gradually: Meatfare Sunday: The last day to eat meat. Cheesefare Sunday: The last day to eat dairy and eggs. Clean Monday (First day of Lent): The full fast begins. This helps the body and soul adjust rather than struggle with an abrupt transition.

They emphasize forgiveness and reconciliation

Cheesefare Sunday (Sunday of Forgiveness) encourages everyone to forgive others before entering Lent, so they can begin the season with a clean heart.

They remind us of the Final Judgment and Salvation

Meatfare Sunday (Sunday of the Last Judgment) teaches that salvation is not just about personal prayer and fasting but also about how we treat others—emphasizing works of love and charity.

These preparatory weeks are a spiritual warm-up that allows us to enter Great Lent with the right mindset—focused on humility, repentance, fasting, and love. Instead of being caught off guard, they are gradually led into the discipline of Lent so they can fully benefit from this holy season.

ORTHODOX WORLD NEWS



Thousands bid farewell to Metropolitan Anastasios of Albania at the funeral Liturgy in Holy Resurrection Cathedral in Tirana presided over by the Ecumenical Patriarch Bartholomew I and hierarchs of all the world's Orthodox churches.

Metropolitan Hilarion of Rivne visited Ukrainian Orthodox faithful of the diaspora in Austria, leading services in Holy Trinity Cathedral in Vienna.

At the Church of Transfiguration in Parnu, Estonia, the ordination of Bishop Damaskinos of Haapsalu took place, led by Metropolitan Stephen of Talinin.

Mass baptisms were held in Orthodox churches around the world during the Theophany season in Congo, Philippines, Uganda and this one at St. Elizabeth's Church in England.

Metropolitan Epiphaniy participated in the presentation of the book, "Sophia of Kyiv", the 1,000 year old symbol of the Ukrainian state.

100 children were baptized in Toliara, Madagascar by Bishop Prodromos of the Patriarchate of Alexandria and All Africa.



After celebrating the Divine Liturgy at St. Paul's Church in Strasbourg, France, His All Holiness Bartholomew addressed the Plenary Session of the Council of Europe and its 612 members.

The national holiday, "Savindan", honoring St. Sava, was celebrated at the National Theater in Skopje, North Macedonia, with Patriarch Porfirije attending.

OUR JOURNEY TO PASCHA! 2025

SUNDAYS

THEMES / GOSPEL READING

HOW TO PARTICIPATE:

Fast - Free Week **FEBRUARY 9th**



Publican and the Pharisee 2 Timothy 3:10-15 Luke 18:10-14

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Normal Fast Week The Prodigal Son Returns! 1 Corinthians 6:12-20 Luke 15:11-32 **FEBRUARY 16th**

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Meatfare FEBRUARY 23rd FAREWELL TO MEAT TODAY

The Last Judgement 1 Corinthians 8:8-9:2 Matthew 25:31-46

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

MARCH 2nd FAREWELL TO CHEESE TODA

Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY Romans 13:11-14:4 Matthew 6:14-21

Ask each other for forgiveness each evening this week before bed.

each day this week.

MARCH 9th

SUNDAY of ORTHODOXY

Bring an icon to church for a procession.

2nd Sunday of Lent MARCH 16th



Hebrews 11:24-26, 32-12:2 John 1:43-51 ST GREGORY PALAMAS

Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer

3rd Sunday of Lent MARCH 23rd



Hebrews 1:10-2:3 Mark 2:1-12

VENERATION OF THE HOLY CROSS

Wear your cross to church and ASCHA! Hebrews 4:14-5:6 kiss the cross Mark 8:34-9:1 each morning with a bow!

4th Sunday of Lent MARCH 30th



ST JOHN of the LADDER Hebrews 6:13-20 Mark 9:17-31 Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent **APRIL 6th**



ST MARY of EGYPT Hebrews 9:11-14 Mark 10:32-45 Ask the Theotokos to offer you and the world pure thoughts and ideas this week.



ENTRY OF OUR LORD INTO JERUSALEM

Philippians 4:4-9 John 12:1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY **APRIL 18th**

GREAT AND HOLY FRIDAY CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS! **APRIL 20th**

NO FASTING!



Greet everyone with "CHRIST IS RISEN!" & say it before

HOLY PASCHA! (CHRIST IS RISEN!)

Epistle: Acts 1:1-8 Gospel: John 1:1-17

good morning and goodnight!



Pysanky Workshops



Saturday, March 22, 2025 9 a.m.-12 noon -OR- 1:30 p.m.- 4:30 p.m.

Assumption of the Virgin Mary Ukrainian Orthodox Church 1301 Newport Avenue Northampton, PA 18067

\$40 per person

(\$5 non-refundable registration fee + \$35 @ the door)

- Each participant starts with an emptied, pre-marked egg ready to start creating your design.
- ♦ All materials, including kistka, wax, dyes, etc. are provided.
- A gloss coating will be added to the finished egg making your pysanky ready to take home and display.
- Workshops are for beginners or more experienced writers who wish to use the available materials to write on their own.
- Children under the age of 16 must be accompanied by an adult.

Register: Contact Jessie Hnatow at jessie.hnatow@gmail.com or 610-428-8389 (text only) by March 8 for registration information. Class sizes are limited.

Instructors - Christina Deutsch and Jessie Hnatow

Additions in Ukrainian

Свангеліє дня: 10 Два чоловіки прийшли до храму помолитися: один фарисей, а другий митар. 11 Фарисей, ставши, так про себе молився: Боже! Дякую Тобі, що я не такий, як інші люди, грабіжники, неправедні, перелюбники, або як цей митар. 12 Пощу двічі на тиждень, даю десятину з усього, що надбаю. 13 А митар, стоячи віддалік, не смів навіть очей звести на небо; але, б'ючи себе в груди, говорив: Боже, будь милостивий до мене, грішного! 14 Кажу вам, що цей пішов до дому свого виправданий більше, ніж той: бо всякий, хто підноситься, принижений буде, а хто принижує себе, піднесеться.