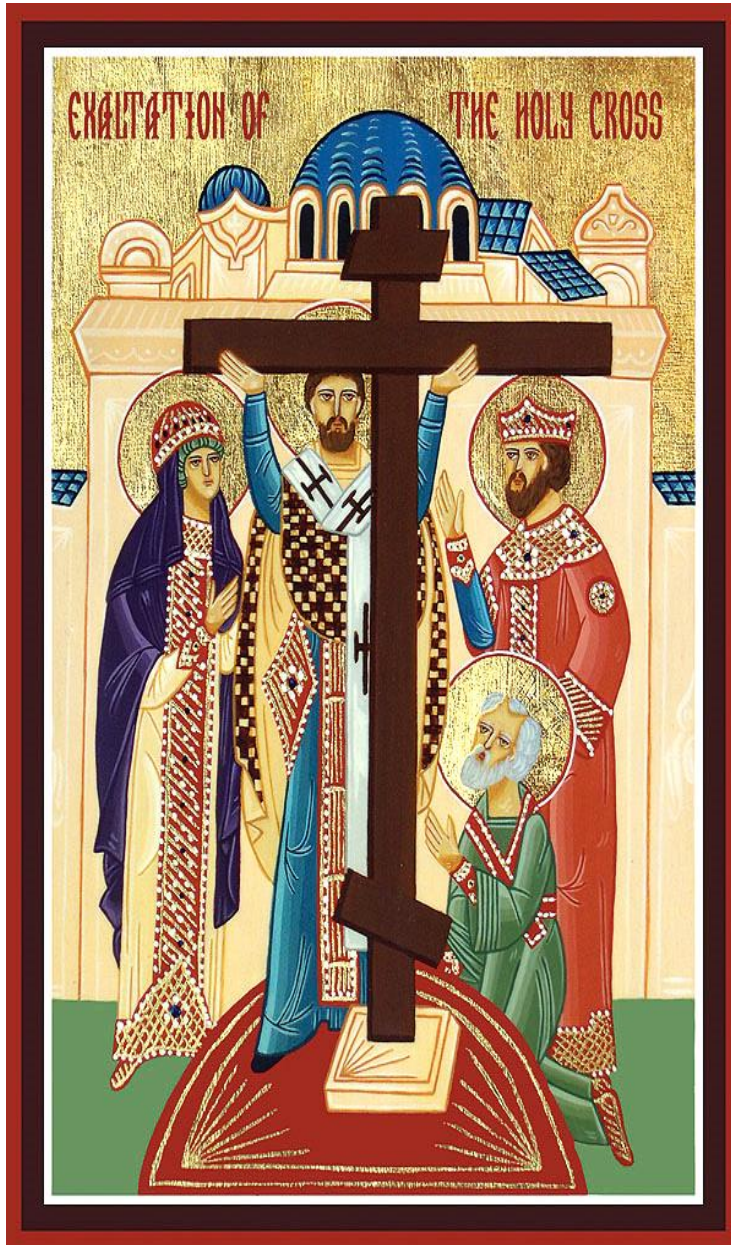


**Assumption of the Virgin Mary Ukrainian Orthodox Church**  
**Weekly Bulletin Mar. 15 2026**  
**ECUMENICAL PATRIARCHATE OF CONSTANTINOPLE AND NEW ROME**  
**We are on the New Calendar**



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**Attached**

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**- Communion is only for Orthodox Christians.**

**- Preparation for Communion: going for Confession, praying, and fasting.**

**- Confessions:** Vespers-first Saturday of the month, Sun. before Liturgy, or by appointment.

**- Make a list of living and deceased and bring it to the Altar.** We'll pray for them during a Liturgy.

**- For pastoral visits** at home or hospital or special prayer requests ask Fr. Oleg.

**- A directory of parishioners' names and addresses** is available (vestibule) for those who would like to send cards or good wishes.

- Follow us on Facebook Click [HERE](#).

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Glory to Jesus Christ! Glory Forever!  
Молімось за мир в Україні!

Слава Ісусу Христу! Навіки Слава!  
Let us pray for peace in Ukraine!

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Sun. 15 Mar. *3<sup>rd</sup> SUNDAY of the GREAT FAST. ADORATION of the CROSS. TONE 7 Martyrs AGAPIUS, PUBLIUS, TIMOLAUS. DIONYSIUS, DIONYSIUS, ALEXANDER & ALEXANDER of Caesarea, Palestine (303) Hieromartyr ALEXANDER of Side, Pamphylia (275) Martyr NICANDER of Egypt (302)*

*Epistle: Hebrews 4:14-5:6*

*Gospel: Mark 8:34: -9:1*

Baptism of the child Atlas Bazyl Holmboe (Fr. Bazyl's grandson) after the Liturgy

Welcome all for the Coffee Hour after the Liturgy – Запрошуємо на каву після Літургії

04:00 PM PASSIA or Divine Suffering of Christ (Our Church)

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#### **MENEION & SCRIPTURES (GREAT LENT).**

Mon. 16 Mar. Hieromartyr Alexander, pope of Rome (119). Martyr Julian of Anazarbus.  
Is. 14:24-32 Gen. 8:21-9:7 Prov. 11:19-12:6

Tue. 17 Mar. St. Alexis the Man of God, in Rome (411). Martyr Marinus (260).  
Is. 25:1-9 Gen. 9:8-17 Prov. 12:8-22

06:30 PM Moleben for Peace in Ukraine (Our Church).

Wed. 18 Mar. St. Cyril, archbishop of Jerusalem (386). St. Ananias, monk of the Euphrates  
Is. 26:21-27:9 Gen. 9:18-10:1 Prov. 12:23-13:9

05:30 PM Liturgy of the Presanctified Gifts in Nesquehoning, PA.  
(Transport provided. Let Fr. Oleg know if you would like to go).

Thu. 19 Mar. Martyrs Chrysanthus and Daria (283). Martyr Pancharius at Nicomedia.  
Is. 28:14-22 Gen. 10:32-11:9 Prov. 13:20-14:6

Fri. 20 Mar. Martyr Photina the Samaritan Woman and her sons  
Is. 29:13-23 Gen. 12:1-7 Prov. 14:15-26

05:30-06:00 PM 9th Hour and Confessions.

06:00 PM Liturgy of the Presanctified Gifts. Common Lenten soup. Welcome all.

Sat. 21 Mar. Memorial Saturday.

09:00 AM Memorial Panachyda (make a list of departed and put it near bulletins).

05:00 PM Great Vespers.

Sun. 22 Mar. 09:00 AM DIVINE LITURGY. Sisterhood meeting.

04:00 PM PASSIA Service or Divine Suffering of Christ (Allentown)

05:00 PM Pan-Orthodox Vespers at Holy Ascension Orthodox Church, Frackville.  
(Transport provided. Let Fr. Oleg know if you would like to go).

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- We were gifted a treasure of pysanky supplies, books and other materials and are offering

**the items at a Chinese auction.** All proceeds will go to aid for Ukraine. In addition to having the items available for participants at the pysanky workshop on Saturday March 14, we are offering parishioners and visitors a chance to purchase tickets for the drawing. **Parishioners may purchase tickets on the following dates: Sunday, March 15 from 10:30-11:30 a.m. and Sunday, March 22 from 10-11 a.m. during coffee hour. The winning names will be drawn at the end of coffee hour on March 22.** You do not need to be present for the drawing.

- Dear Brothers and Sisters in Christ, please take note of the yellow folders that have been placed in our Church pews. They are there for all of you to take part in singing some of our antiphons and other liturgical music. It would be uplifting if we all took part in singing to the glory God during our Liturgy. "Sing praises to our Lord, sing praises!"
- Shop Ukrainian goods in St. Mary Protection UOC in Allentown. Flyer downstairs.
- UOL Lenten Retreat. March 28. Flyer downstairs. For transportation ask Fr. Oleg.
- This Great Lent we collect money for power generators for Ukrainians \$1500 each. Please put your donations to a box on the wall above bulletins. Flyer and address to send checks is downstairs. Thank you.
- Kobasa sale fundraiser by the Veterans of Lehigh Valley. Flyer downstairs.
- Pyrohy schedule: **Mar. 19; Apr. 2, 16; May 7, 28.** First come, first served (until we reach 250 doz.). Please volunteer for peeling, running, cooking/mashing, pinching and clean-up.
- Loving Waters Campaign for the **All-Saints Camp Water System Repair** (Emlenton, PA). The camp got a **large bill** for its water system. Let's help! Envelopes near entrance.
- **Sunday School Schedule: Every Sunday right after the Communion. Welcome.**
- **Please turn in Redner's save a tape.** The receipt must show the Save-A-Tape amount.
- **Virtual Bible Study Day.** Check the information on the board downstairs.

#### **BIRTHDAYS:**

17 Mar...Kathleen Jones

18 Mar...Nadine Savitz

**МНОГАЯ ЛІТА! MANY YEARS!**

#### **NECROLOGY:**

*Ukrainian civilians and soldiers, killed in the Russian invasion.*

16 Mar...Mary Gill '48, Anna Onuschak '66

17 Mar...John Nazar '07

18 Mar...Marianne Proch '06, Joan Molnar '23

19 Mar...Michael Pontician '52, Frederick Van Kirk '09

20 Mar...Julia Zadubera '65, Dmytro Harnaho

**ВІЧНАЯ ПАМ'ЯТЬ! MEMORY ETERNAL!**

**Євангеліє.** 34 І, покликавши народ з учениками Своїми, сказав їм: хто хоче йти за Мною, нехай зречеться себе, і візьме хрест свій, і за Мною йде. 35 Бо хто хоче душу свою спасти, той погубить її; а хто погубить душу свою заради Мене і Євангелія, той спасе її. 36 Бо яка користь людині, коли вона придбає увесь світ, а душу свою занепасть? 37 Або що дасть людина взамін за душу свою? 38 Бо якщо хтось посоромиться Мене і Моїх слів у роді цьому перелюбному і грішному, того посоромиться і Син Людський, коли прийде у славі Отця Свого з ангелами святими. І сказав їм: істинно говорю вам, що деякі з тих, які стоять тут, не зазнають смерті, доки не побачать Царство Боже, що прийшло в силі.

**Take up the Cross.** If men wish to be disciples of Christ, they must "take up their cross and follow him." This means first of all that they must suffer with Him in truth and in love. This means that they must experience the rejection of this world for the sake of the righteousness of God. This means that they must put into practice the very life that Christ Himself lived, the Life that Christ Himself is, the life which is given to men in Christ's Spirit in the Church.

It is for this reason that the Cross of Christ is placed in the center of the church building in the middle of Great Lent. It tells us of God's coming to us and of our return to Him, both accomplished by the Way of the Cross which is foolishness to the wise of this earth and very scandalous to the powerful. Yet, for those who believe, it is the Wisdom and Power of God Himself.

**No escaping Cross.** At some time in our life we are going to experience adversity. I mean trouble, affliction, opposition, pressure, anguish, chastening, testing or tribulation. That adversity will come is a given fact. How we react will determine whether we will be motivated to spiritual growth or swallowed by discouragement.

Our first response to adversity is usually: Get me out of here! By removing either the circumstances or ourselves we might be tempted to believe that the situation has been resolved. God, however, may have other plans for our lives to be worked out through adversity. St. James exhorts us to "count it all joy when ye fall into divers temptations."

The situation may be the opportunity that God has to get our attention. When things are going well we often do not feel the need to turn to Him. When the going gets rough, there is no one else to whom to turn. God may be calling us to examine our lives — the things that we are doing and the motivations that we have for doing them. If there is sin in our lives, God requires that we root it out, confess it and forsake it. Our second response to adversity may be: I'm right, they're wrong, let's fight! To take this attitude is to fail to recognize that we should not be dealing with outward circumstances but in reality are dealing with unseen spiritual powers.

The third response to adversity is, and should be: Lord, consecrate me to your service. May You be glorified in my life!

## **PROPERs for DIVINE LITURGY**

**Tropar of the Resurrection, Tone 7:** By Your Cross, You destroyed death/ To the Thief, You opened Paradise/ For the Myrrh-bearers, You changed weeping into joy/ Christ God, You commanded Your disciples to proclaim that You are risen/ granting the world great mercy.

**Tropar of the Cross, Tone 1:** Save, O Lord Your people/ and bless Your inheritance/ grant victory to Orthodox Christians/ over their adversaries/ and by virtue of Your Cross/ preserve Your community.

**Glory... now and ever... Amen. Kondak of the Cross, Tone 7:** Now the flaming sword no longer guards the gates of Eden/ it has been mysteriously quenched by the wood of the Cross/ for You, O my Savior, have come and cried to those in Hell/ “Enter again into Paradise.”

**In place of the Trisagion:** Before Your Cross, we bow down in worship, Master/ and Your Holy Resurrection, we glorify.

**Prokimen of the Cross, Tone 6:** O Lord, save Your people/ and bless Your inheritance.

**Verse:** To You, O Lord, will I call. O my God, be not silent to me.

**Epistle: Hebrews 4: 14-5:6**

**Alleluia Verses, Tone 8:** Remember Your congregation, which You have purchased of old. God is our king before the ages. He has worked salvation in the midst of the earth.

**Gospel: Mark 8: 34-9:1**

**In place of “It is right in truth...” Hymn to the Theotokos:** All of Creation rejoices in you,/ O Full of Grace/ the assembly of angels and the race of men/ O sanctified temple and spiritual paradise/ the glory of virgins/ from whom God was incarnate and became a Child/ our God before the ages/ He made your body into a throne/ and your womb He made more spacious than the heavens/ All of creation rejoices in you, O Full of Grace/ Glory to you.

**Communion Hymn:** The light of Your countenance has shone on us, O Lord. **Alleluia (3X)**

## **FOR ME?**

Essence....energies....hesychasm....what does this have to say to my life? My life consists of work, mortgage, bills, family. In the midst of our busy lives we need to remember and keep in focus the meaning and purpose of life. Do all the things I experience each day have a higher meaning and purpose? Is there a goal to my life? One person had a large poster hanging over his bed. The poster pictured a mansion on a hill overlooking the ocean. In the open garage doors were several expensive cars such as a Mercedes, BMW, Lamborghini. The caption on the poster read: “Justification for a Higher Education”. This seemed to be the man’s motivation and goal in life: to accumulate “stuff”. Unfortunately he died too early and never obtained the house and the cars he was striving for. What he did accumulate was all being left behind. God’s desire for us is something better than an expensive piece of machinery....He wants to know Him, to share His very life, to become one with Him in a relationship that will have no end. This is what St. Gregory Palamas reminds us. This is the purpose of our prayer, liturgical services, fasting, struggling against our sinful passions.

**Євангеліє.** Коли через кілька днів знову прийшов до Капернаума, пішла чутка, що Він у домі. 2 Зразу ж зібралось багато людей, так що вже не вміщалися біля дверей, і Він говорив їм слово. 3 І прийшли до Нього з розслабленим, якого несли четверо. 4 І, не маючи можливості наблизитись до Нього через народ, розкрили покрівлю дому, де Він був, і, розібравши її, спустили постіль, на якій лежав розслаблений. 5 Ісус, побачивши віру їхню, говорить розслабленому: чадо, відпускаються тобі гріхи твої. 6 Були там деякі з книжників, що сиділи і помишляли в серцях своїх: 7 чому Цей так богохулить? Хто може прощати гріхи, крім одного Бога? 8 Ісус, відразу зрозумівши духом Своїм, що вони так помишляють у собі, сказав їм: навіщо так помишляєте в серцях ваших? 9 Що легше — сказати розслабленому: прощаються тобі гріхи? Чи сказати: встань, візьми постіль свою і ходи? 10 Та щоб ви знали, що Син Людський має владу на землі відпускати гріхи, — говорить розслабленому: 11 тобі кажу: встань, візьми постіль твою та йди до дому твого. 12 Він зараз же встав і, взявши постіль, вийшов перед усіма, так що всі дивувались і прославляли Бога, кажучи: ніколи ще такого ми не бачили.

**Prayer for the health & salvation of the afflicted:** Ukrainian soldiers and civilians, wounded during the Russian aggression, Helen Crayosky, Caroline Hallman, Joseph Killino, Barbara Grason, Sandra Miller, John Vitushinski, Raisa Bakalets, Karen Yurconic, Martha Dowling, Michael Szymonifka, Karen Kankula, Evelyn Kankula, Russel Kerick, Christina Truss, Matthew Vitushinsky, Nadine Savitz, William Savitz, William Leszczuk, Mary Berger, Jessica Meashock, Warren Stahler, Ray Stoner, Zachary Y. Siyufy, soldier Oleh, Soldier Volodymyr, Raisa Melnychuk, Vasyl Beizyn, Lubov Shevchuk, Volodymyr Hranat, Ihor Broda, Gary Lelo, Debi Hutnick, Eric Hewko, Phil O'Brien, child Charlie, Juliana, Shirl Merolli, Stephanie Donnelly, child Alexandria, Elizabeth Pastushenko, MaryAnn Ramaley, Aaliyah Osmun, Brendan Phillips, Adam Hewko, Andrew Thaxton, Susan Ferretti, Judy Albright, Daniel Kochenash, Christopher Mack, Joann Hoodmaker, Norman Betrous, Robert Zarayko, Lisa Kulhanek, Esther Wilt, Benjamin Tomeo, Olena Kalichenko, Robert, Marybeth Smith.

## **ORTHODOX NEWS AROUND THE GLOBE**

Metropolitan Epiphaniy blessed 5 cars for the needs of the defenders of Ukraine in the courtyard of St. Michael's Monastery in Kyiv.

The parish community of the Annunciation in Krapynytsky, Ukraine prepared more than 150,000 dinners for the needs of the needy and internally displaced refugees.

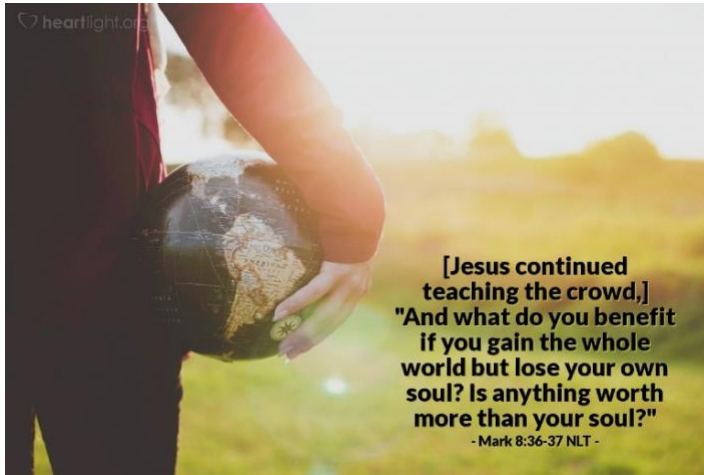
The Feast of St. Symeon the Myrrh-Gusher, Montenegro's patron saint, was celebrated in the Cathedral of the Resurrection in Podgorica by Metropolitan Joanikije.

Metropolitan Onuphriy celebrated the Liturgy of Pre-Sanctified Gifts & Blessing of Koliva at the women's Monastery of St. Panteleimon in Feofaniya, Kyiv the first Friday of the Great Fast.

Bishop Justin of Western Europe led the Divine Liturgy in the Cathedral of St. Sava in Paris, France where he ordained Hierodeacon Porphyrius to the rank of Hieromonk.

Metropolitan John, Primate of Albania, on visit to the US, presided over the Liturgy on Orthodox Sunday with 9 other hierarchs at St. Catherine's Church in Braintree, Massachusetts.

Sunday of Orthodoxy was celebrated in Jerusalem in the monastic Church of Ss. Constantine & Helen by Patriarch Theophilos III.



Scan this QR code to read the whole article about the work of our Church:

